

## **Call for Entries Lousberglauf Digital powered by STAWAG**

### **Event Period**

The Lousberglauf Digital powered by STAWAG will take place in a period of 7 days. The event period is July 5 to July 11, 2021. In this period the running performance has to be done, and the result submitted. The results can be uploaded via the link sent by email after registration from Monday, July 5 at 10am to Sunday, July 11 at 12 midnight.

### **Participation**

Participation is open to all interested persons. We are looking forward to all participants.

### **Registration**

Registration for the Lousberglauf Digital powered by STAWAG will be possible from June 28 at 10am and can be done until July 11 at 6pm. After successful registration, participants will receive an email with a link to upload their personal running result.

The registration link can be found on the main page of the [Lousberglauf Digital powered by STAWAG](#) when registration starts.

### **Running Route and Entry Fee**

The Lousberglauf Digital powered by STAWAG offers the traditional running route of the Lousberglauf. The route is independent of location and can be chosen freely, only the distance is essential.

- Lousberglauf Digital powered by STAWAG; 5,555 km; starting fee 3 euros

### **Time and Distance Measurement**

With the registration, the participants will receive a link by email, where they can upload their running result. It is the responsibility of the participants to carry out the time measurement and to record the running distance. Smartphones with any running apps or GPS watches can be used for individual recording. The time and running distance recording must be documented by a screenshot. The screenshot must show the running distance, the running time and the running date. The screenshot must be provided when submitting the personal running result.

### **Scores and Certificates**

The winners will be announced on the homepage of the [Lousberglauf Digital powered by STAWAG](#). The first- to third-placed diverse, male and female participants will be honored.

All finishers will receive a certificate of participation with their respective running time. The certificates will be sent by email as a PDF file and can be printed out by the

participants themselves. Certificates with rankings can be downloaded from the results lists after the event has been completed.

### **Result Lists**

The result lists are available after the event on the homepage of the [Lousberglauf Digital powered by STAWAG](#). In addition, live result lists with intermediate rankings are available during the event period.

### **Starting Number**

Participants have the possibility to print out their individual starting number themselves. Participants will receive their starting number as a PDF file with the confirmation email of their registration. We look forward to participants wearing the starting numbers during the run, however, it is not obligatory.

### **Sports Health**

With the registration every participant confirms their sports health. A medical examination by the University Sports Center will not take place. We recommend an active training preparation to all participants.

### **Cancellation**

Cancellations and rebookings are not possible.

### **Code of Conduct**

The official COVID-19 pandemic regulations in force at the time of the run must be observed unconditionally by all participants. All participants undertake to achieve their run times fairly and without the use of advantage-providing aids or other manipulations.

### **Organizer**

Organizer is the University Sports Center of RWTH Aachen University (HSZ).

### **Insurance Coverage**

Participation in events is not covered by insurance as is the case with other participation in university sports. Therefore, we strongly recommend having your own insurance coverage.

### **Preparation**

We recommend all runners to take care of an active training preparation as well as sufficient hydration, not to overexert themselves physically at high temperatures and to warm up sufficiently before the start.